

103^D CONGRESS
1ST SESSION

H. J. RES. 264

Designating the month of March 1994 as "Chronic Fatigue Syndrome Awareness Month".

IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 22, 1993

Mr. ACKERMAN introduced the following joint resolution; which was referred to the Committee on Post Office and Civil Service

JOINT RESOLUTION

Designating the month of March 1994 as "Chronic Fatigue Syndrome Awareness Month".

Whereas Chronic Fatigue Syndrome (CFS) causes debilitating fatigue for between 2,000,000 and 5,000,000 Americans;

Whereas Chronic Fatigue Syndrome often follows an illness such as the flu, bronchitis, hepatitis, gastrointestinal illness or mononucleosis, and sometimes develops gradually with no apparent cause;

Whereas Chronic Fatigue Syndrome often seems to begin during a time when the individual is experiencing severe stress;

Whereas Chronic Fatigue Syndrome combines symptoms of depression such as fatigue, malaise, sleep disorders, low-grade fever and memory and concentration problems with other symptoms such as persistent sore throat and lymph glands, muscle and joint aches;

Whereas Chronic Fatigue Syndrome is not caused by any single agent and immunological findings in people with Chronic Fatigue Syndrome are inconsistent and not highly reproducible;

Whereas Chronic Fatigue Syndrome remains an enigma to the international medical community and no proven effective treatment exists;

Whereas Chronic Fatigue Syndrome does not go away with a few good nights sleep but slyly steals a person's vigor over months and years; and

Whereas Chronic Fatigue Syndrome appears in people of all ages, races, and socioeconomic classes: Now, therefore, be it

1 *Resolved by the Senate and House of Representatives*
2 *of the United States of America in Congress assembled,*
3 That the month of March 1994 is designated as "Chronic
4 Fatigue Syndrome Awareness Month". The President is
5 authorized and requested to issue a proclamation calling
6 upon the people of the United States to observe such a
7 month with appropriate programs, ceremonies, and activi-
8 ties.

○