

110TH CONGRESS  
1ST SESSION

# H. CON. RES. 205

Supporting the goals and ideals of National Women's Friendship Day.

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IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 6, 2007

Mr. COHEN submitted the following concurrent resolution; which was referred to the Committee on Oversight and Government Reform

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## CONCURRENT RESOLUTION

Supporting the goals and ideals of National Women's  
Friendship Day.

Whereas friendship among women is central to the success and well-being of women;

Whereas women friends create a climate of care and support that strengthens women in times of need and in times of joy, promoting a more vibrant community;

Whereas studies have found that social ties reduce the risk of disease by lowering blood pressure, heart rate, and cholesterol, the major risk factors for heart disease;

Whereas in 2000, a landmark study by the University of California at Los Angeles (UCLA) found that when a woman engages in “tending and befriending”, her body releases oxytocin, a chemical that counters stress and produces a calming effect;

Whereas the United States is blessed with countless women of good will and good works who unite, through friendship, to make a difference in the Nation's communities and in the lives of our citizens;

Whereas women friends have played important roles in the history of the United States, such as the friendship of Elizabeth Cady Stanton and Susan B. Anthony that was an integral part of their leadership of the women's suffrage movement;

Whereas the United States values its female citizens and recognizes the importance of friendship to the well being of women;

Whereas Kappa Delta Sorority created National Women's Friendship Day in 1999 to acknowledge the importance of friendship among women;

Whereas Kappa Delta Sorority celebrates National Women's Friendship Day on the third Sunday of September each year;

Whereas September 16, 2007, will be the ninth such celebration of National Women's Friendship Day;

Whereas National Women's Friendship Day is also celebrated across the country by individuals, women's groups, businesses, and others;

Whereas the governors of 32 States have issued proclamations that endorse National Women's Friendship Day;

Whereas every woman can celebrate National Women's Friendship Day by sending a card, making a phone call, meeting for lunch, organizing a clothing drive for needy women, sending care packages to women in the military, or otherwise acknowledging the importance of women friends; and

Whereas National Women’s Friendship Day is a day to acknowledge and celebrate the special role women play in the society of the United States: Now, therefore, be it

1        *Resolved by the House of Representatives (the Senate*  
2 *concurring), That Congress—*

3            (1) supports the goals and ideals of National  
4        Women’s Friendship Day; and

5            (2) encourages communities throughout the  
6        United States to recognize National Women’s  
7        Friendship Day.

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