

the Federal Government is waiving all entrance fees to national parks and other Federal lands, so you can exercise while exploring America's natural beauty. Exercise is a daily part of my life, and I urge all Americans to make it an important part of your lives.

Second, eat a nutritious diet. That means eating fruits and vegetables and cutting back on fatty foods. If you try your best to achieve these goals, you will be on the road to healthier living, and you'll have a lot more energy for your 30-minute walk.

Third, get preventative screenings, simple tests that can tell you if you're prone to developing certain diseases such as diabetes and cancer and heart disease. By acting on that information, you can help prevent a potentially life-threatening illness.

Fourth, cut out tobacco, drugs, and excessive drinking. Tobacco use is the single most preventable cause of death and disease in America. Drug and alcohol abuse destroys lives and families and communities. Avoiding tobacco, drugs, and excessive alcohol can save your life.

This initiative is part of my administration's ongoing commitment to raising awareness about the benefits of exercise and healthy choices. Our message is simple but important. The doctors in America should talk to your patients about the value of exercise and healthy eating. Parents should make sure your children get plenty of exercise and good nutrition and make smart decisions. By making minor changes to our lives, we will build a healthier and stronger America.

Thank you for listening.

NOTE: The address was recorded at 1:16 p.m. on June 20 in the Cabinet Room at the White House for broadcast at 10:06 a.m. on June 22. The transcript was made available by the Office of the Press Secretary on June 21 but was embargoed for release until the broadcast. The Office of the Press Secretary also released a Spanish language transcript of this address.

Statement on the Earthquake in Iran

June 22, 2002

I am saddened by the news of the earthquake centered in Iran this morning. I extend my condolences and those of the American

people to the families of the many victims in the cities and villages affected by this tragic event. Human suffering knows no political boundaries: We stand ready to assist the people of Iran as needed and as desired.

Notice—Continuation of the National Emergency With Respect to the Western Balkans

June 21, 2002

On June 26, 2001, by Executive Order 13219, I declared a national emergency with respect to the Western Balkans pursuant to the International Emergency Economic Powers Act (50 U.S.C. 1701–1706) to deal with the unusual and extraordinary threat to the national security and foreign policy of the United States constituted by the actions of persons engaged in, or assisting, sponsoring, or supporting, (i) extremist violence in the former Yugoslav Republic of Macedonia, and elsewhere in the Western Balkans region, or (ii) acts obstructing implementation of the Dayton Accords in Bosnia or United Nations Security Council Resolution 1244 of June 10, 1999, in Kosovo. Because the actions of these persons, which threaten the peace and international stabilization efforts in the Western Balkans, continue to pose an unusual and extraordinary threat to the national security and foreign policy of the United States, the national emergency declared on June 26, 2001, and the measures adopted on that date to deal with that emergency must continue in effect beyond June 26, 2002. Therefore, in accordance with section 202(d) of the National Emergencies Act (50 U.S.C. 1622(d)), I am continuing for 1 year the national emergency with respect to the Western Balkans.

This Notice shall be published in the *Federal Register* and transmitted to the Congress.

George W. Bush

The White House,
June 21, 2002.

[Filed with the Office of the Federal Register, 8:45 a.m., June 24, 2002]

NOTE: This notice was released by the Office of the Press Secretary on June 24, and it was published in the *Federal Register* on June 25.